

CENTRO MEDICO
CENTRAL ROMANA

Dominican Republic

La Romana

December, 2006





CENTRO MEDICO
GENERAL ROMANA



BP - 6F s/p burn R hand

- R SF deformity
- Soft tissue contracture ulnar border of SF







Rx: scar excision, FTSG
from groin, k-wire

RP – 50M R SF trigger
release



FC – 47M malunion

R 4 & 5 MC neck



- MVA 2003 →
 - R ulna shaft fx
 - 4 & 5 CMC fx – d/l
 - 4 & 5 MC neck fx
- PSH: ORIF ulna and perc pinning of hand fxs
- PE: limited flexion 4&5 MCP, PIP joints



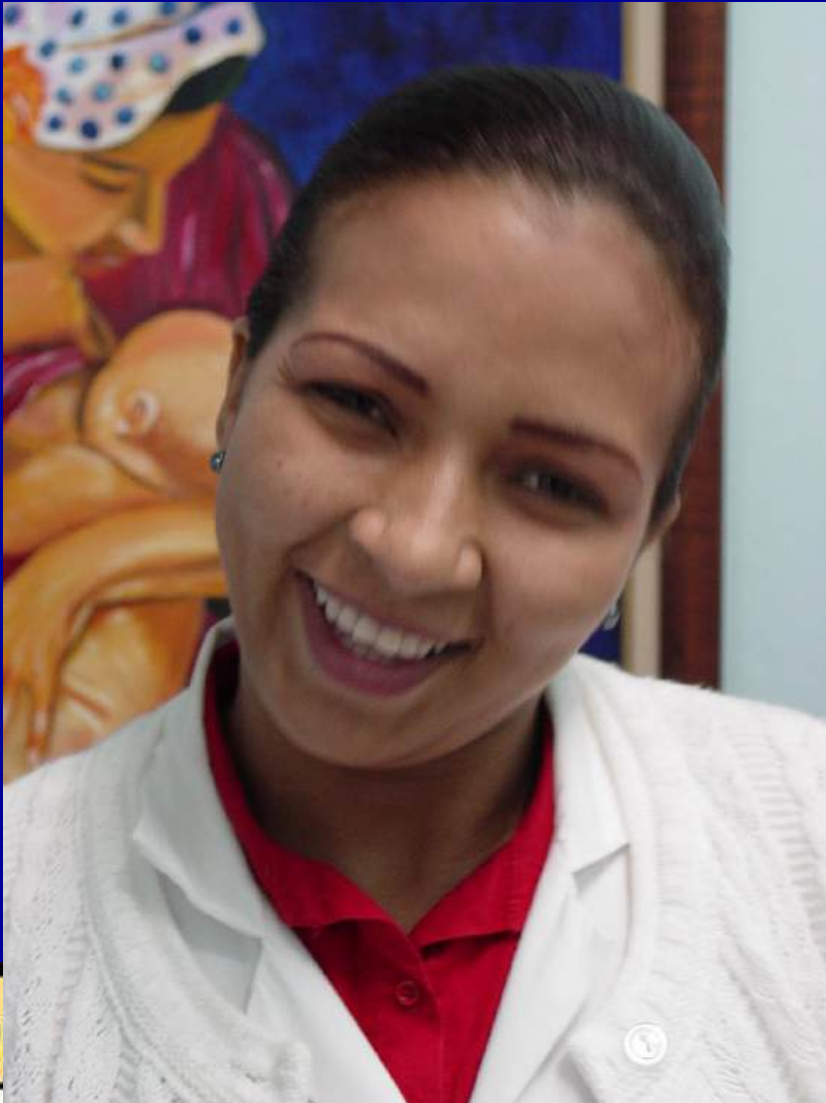


Treatment

- Extensor tenolysis
- Dorsal capsulectomy
- Release collateral ligaments MCP, PIP



MB – 35F nail defect



- s/p crush injury R MF





Rx: hemiablation germinal matrix



EP – 18F Dorsal wrist ganglion excision



GC – 15M s/p L Volkmann's ischemic contracture



- H/o supracondylar humerus fx
- Compartment sx
- 2005 tendon transfers
 - PT → ECRL/ECRB
 - FCR → EDC
 - PL → EPL
- 2006 - Recurrence of wrist drop





Rx: FDS RF thru IO
Membrane to supplement
Wrist extensors





- Ropars M et al. Long-term results of tendon transfers in radial and PIN paralysis, JHS [Br] 2006.
 - 18 cases over 21 years
 - 10 yr f/u
 - Common problems: radial deviation, weakness
 - Rec: use FCR instead of FCU
- No reports of recurrent wrist drop in literature



MO – 42F s/p R elbow fusion

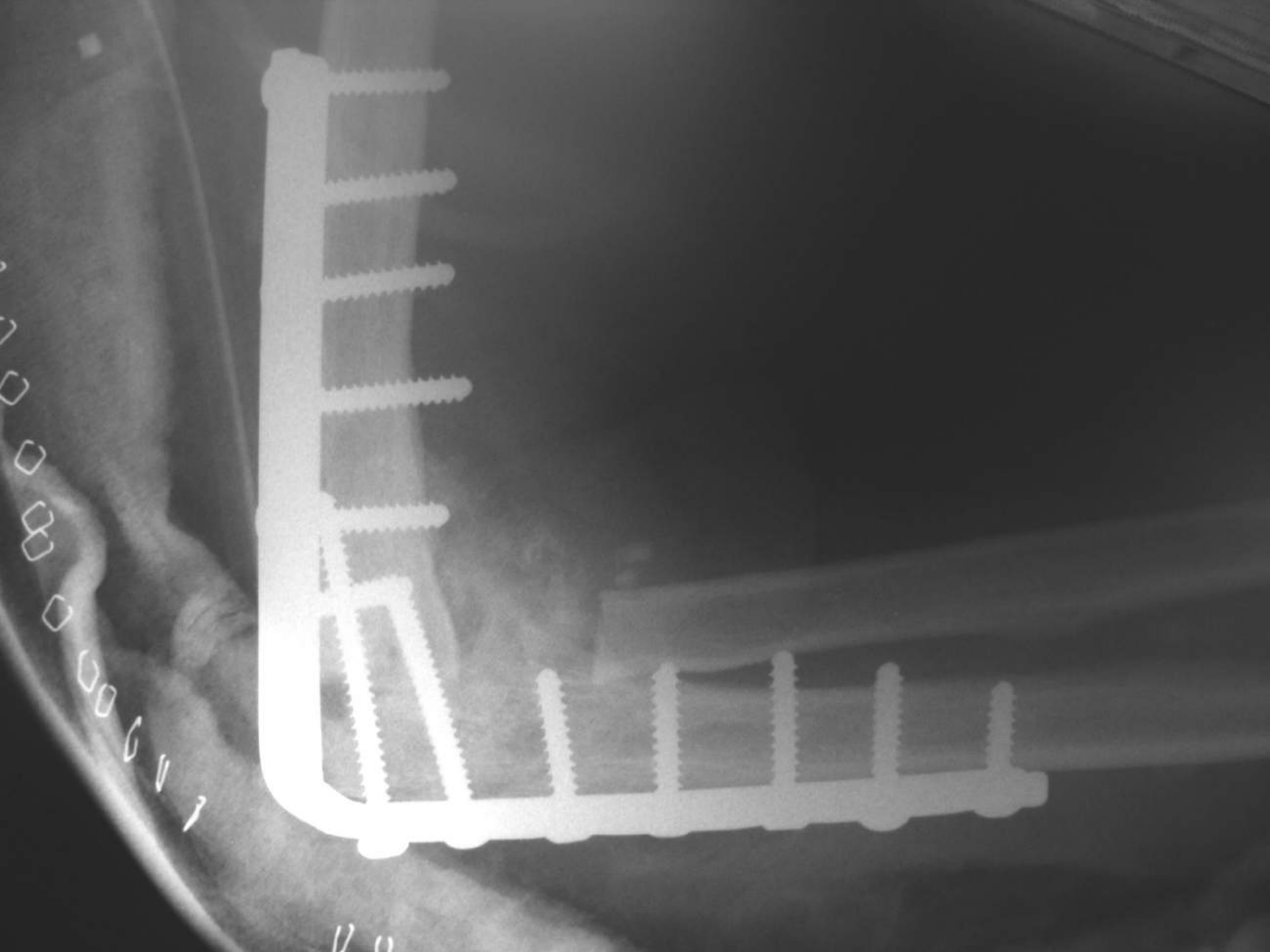


- Distal humerus fx
- Cc: exposed hardware
- PSH:
 - ORIF
 - r/o hardware
 - Arthrodesis 2005











LAM – 6M R hemiplegia, radial n deficit

- Previously undiagnosed CP hemiplegia
- Wrist drop
- Unable to extend fingers with wrist in neutral





- PT → ECRL/ECRB
- FCR → EDC
- PL → EPL
- Supplement:
 - FDS RF to ECRL/ECRB



CAC – 24M Chronic IF MCP D/L

- s/p MVA 2005
- Unable to flex MCP IF





Attempted fist





Findings:

chronic d/I MCP joint
destroyed articular surfaces

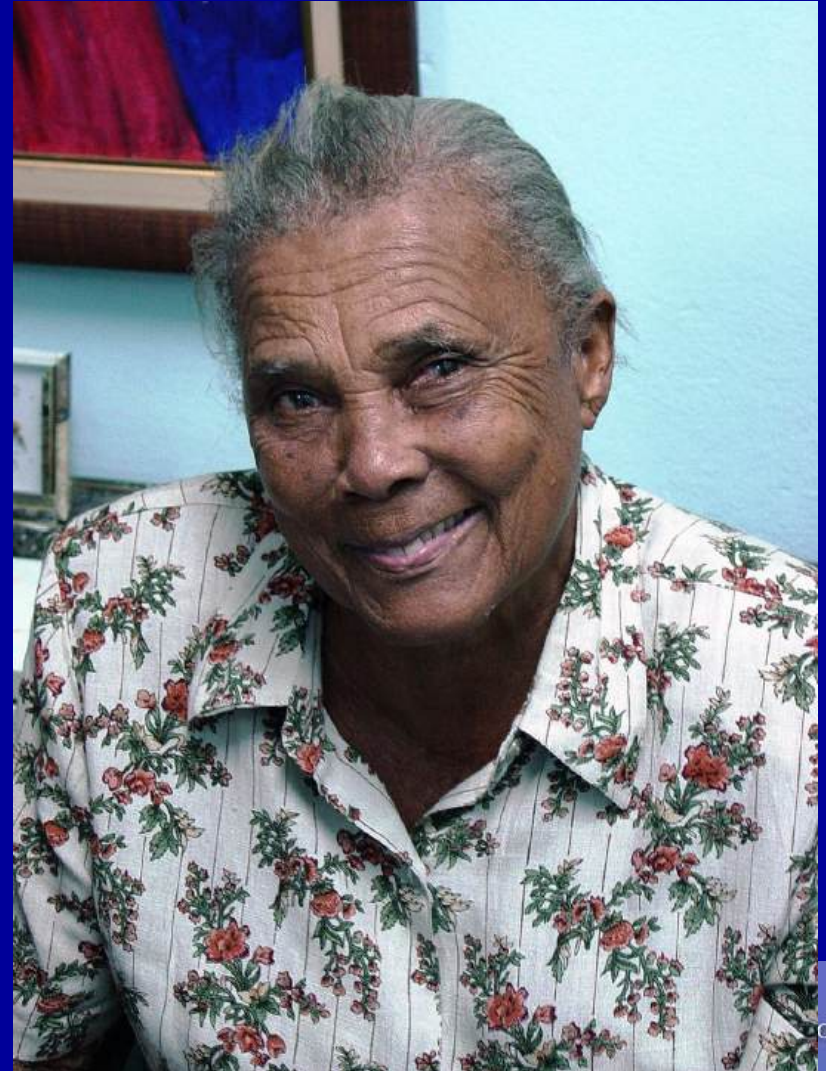
Rx: L IF MCP arthrodesis, extensor tenolysis





MSS – 75F L IF Digital nerve laceration

- 3 wks s/p laceration L palm
- ↓ sensation radial side of IF
- ↓ ROM DIP IF



Rx: Exploration, repair rad dig n.



ES – s/p electrical burn to circumferential R wrist

- 20M 8 mos s/p burn
- PSH:
 - I&D
 - STSG over tendons
- PE
 - Hand/wrist extensors intact
 - No intrinsic function
 - Limited ROM
 - Thumb and IF flexion best







- Findings:
 - FDP/FDS IF, FPL, FCR intact
 - FCR and FDS adhered to STSG
 - Med/uln nn not in continuity
 - All other finger flexors not in continuity



FPL and FDP IF intact

- Treatment:
 - Tenolysis FDS and FDP IF, FPL
 - Dorsal capsulectomy, collateral release IF MCP
 - Arthrodesis MCP MF, RF, SF



EC – 14M s/p burn R arm and body



- Sugar cane processing plant
- 2005
 - Elbow contracture/pterygium release
 - Scar excision, TFL graft to dorsum R hand
- 2006
 - Excess tissue dorsum R hand



- Treatment:
 - Scar excision R hand
 - FTSG from R thigh



2005



2006





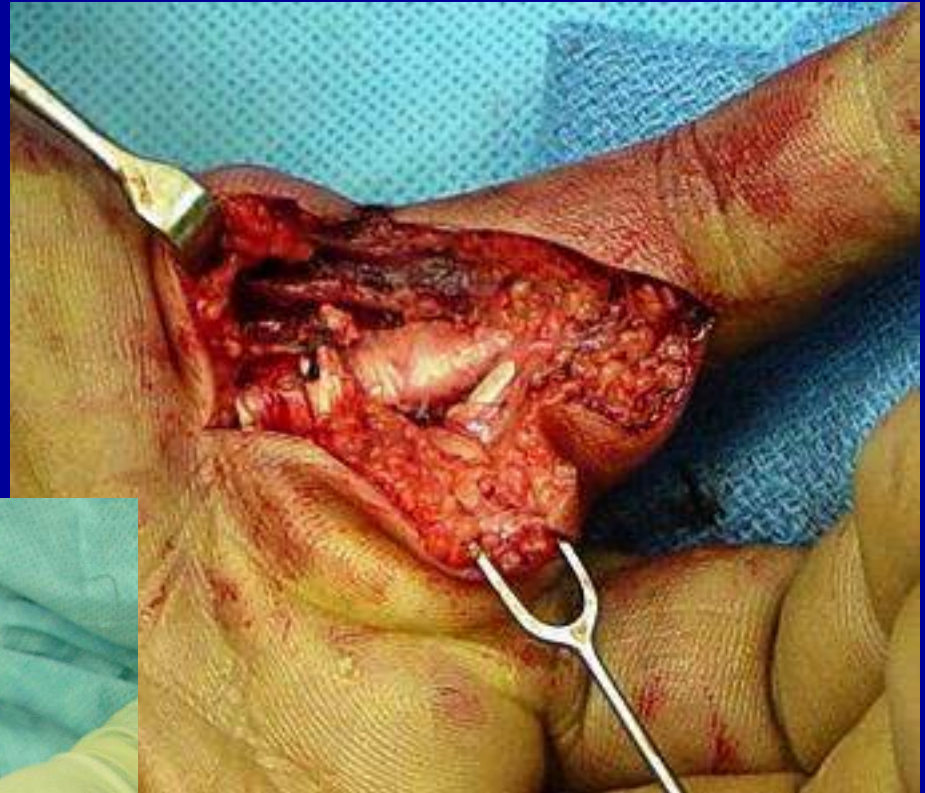
HM dela C – low ulnar n. injury

- History
 - 35M 2 yrs s/p machete to R wrist – ulnar nerve laceration
- Findings:
 - Claw SF>RF
 - Stiff MCP SF>RF
 - No low ulnar n motor/sensation



- SF dorsal capsulectomy & tenolysis
- Tenodesis of distally based FDS under transmetacarpal lig to volar plate

Treatment



Modification of Anderson's "Extended Pulley Insertion" technique, 1988.

EPI Procedure, Anderson, 1988

- MF FDS incised distally, brought out palm
- Sectioned into 2-4 tails
- FDS tails tunneled under A1 and A2 of SF and RF
- Position MCP in 60° flexion
- Sew FDS tail back onto itself proximal to A1



LE – spastic CP L hand

- 20F spastic CP
- CC: Severe swan neck deformity L thumb and all fingers
- PSH: L wrist fusion 2005 w/ fractional FDP lengthening and STP



2005 – before wrist fusion





- Rx:
 - Fingers:
 - tenotomy
 - 1) central slip
 - 2) lat bands
 - K-wire PIP joints
 - Thumb:
 - IP fusion



MC – 37M with painful hardware

- 37M s/p L open olecranon fx
- Painful hardware
- Large olecranon bursa





Rx: R/O hardware, bursectomy



JC – 36F R IF STS

- Trigger release R IF



ER – 35F thumb RCL injury

- HPI
 - Injury R thumb s/p fall 8 months ago
 - RHD teacher – c/o difficulty writing with chalk on blackboard due to thumb instability





Neutral

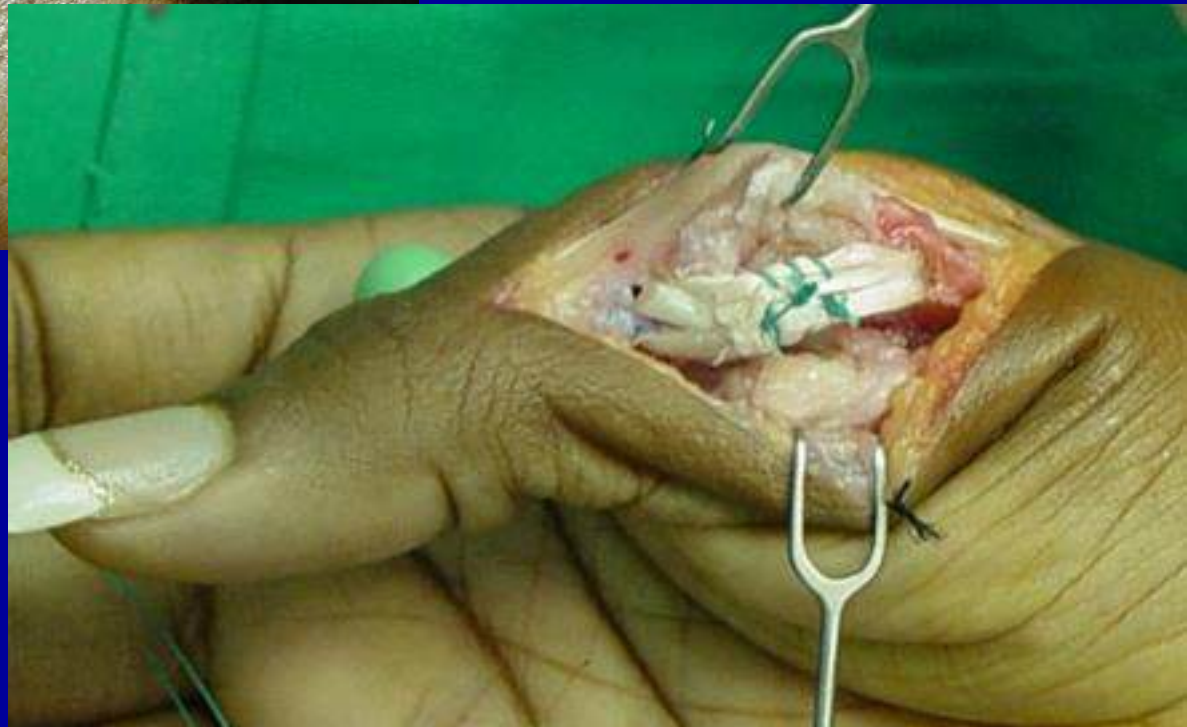
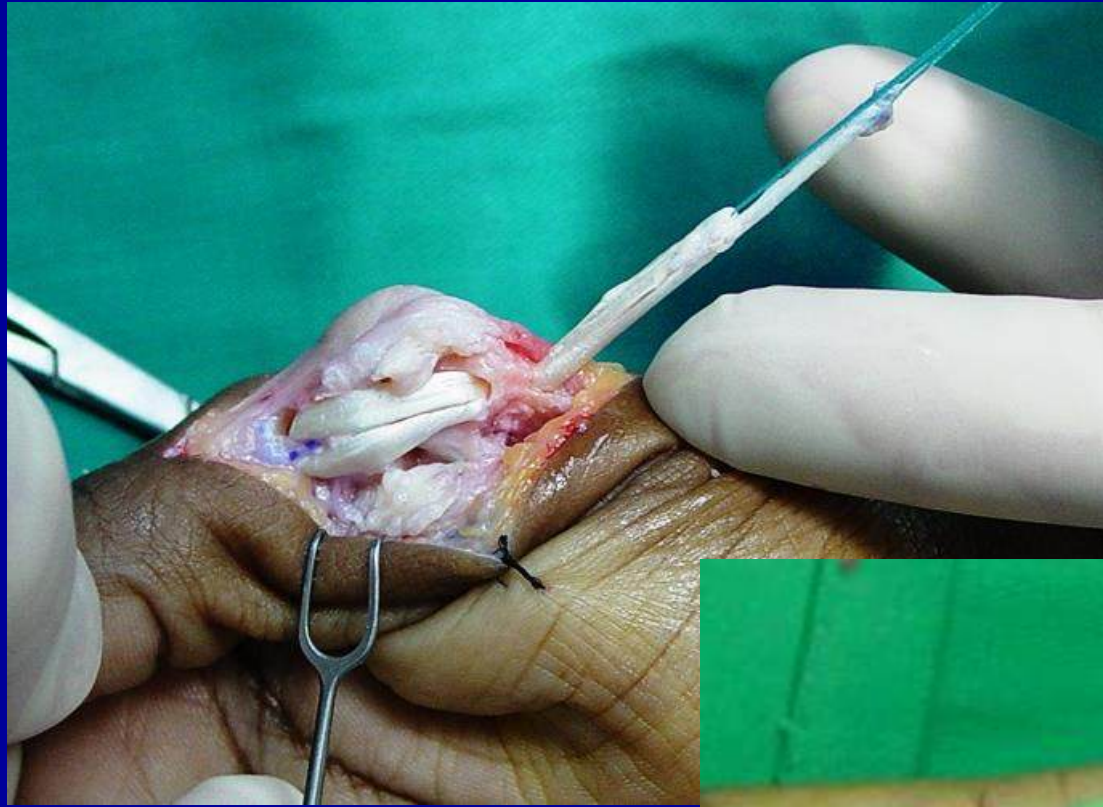


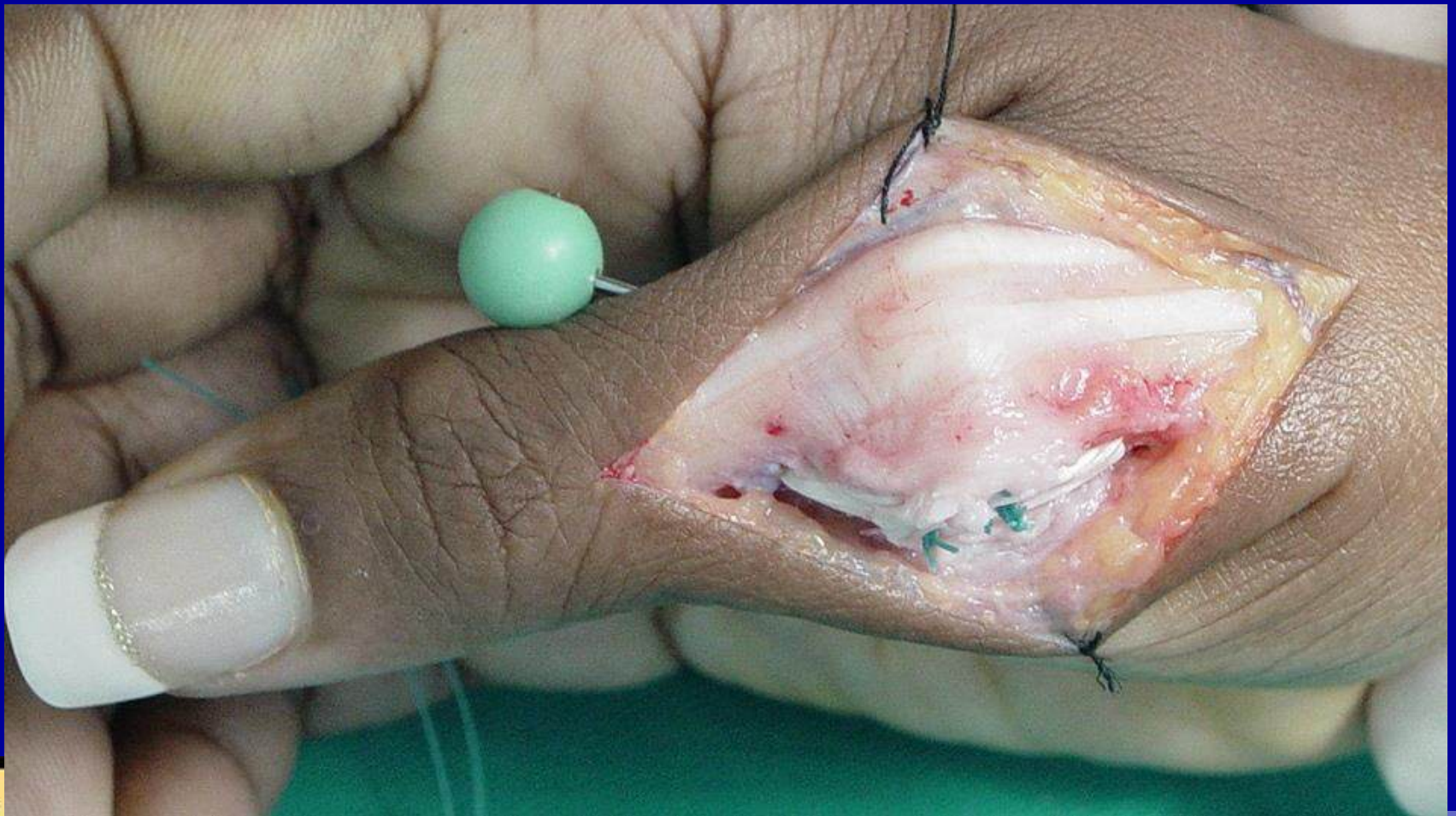
Ulnar stress





RCL reconstruction w/ PL

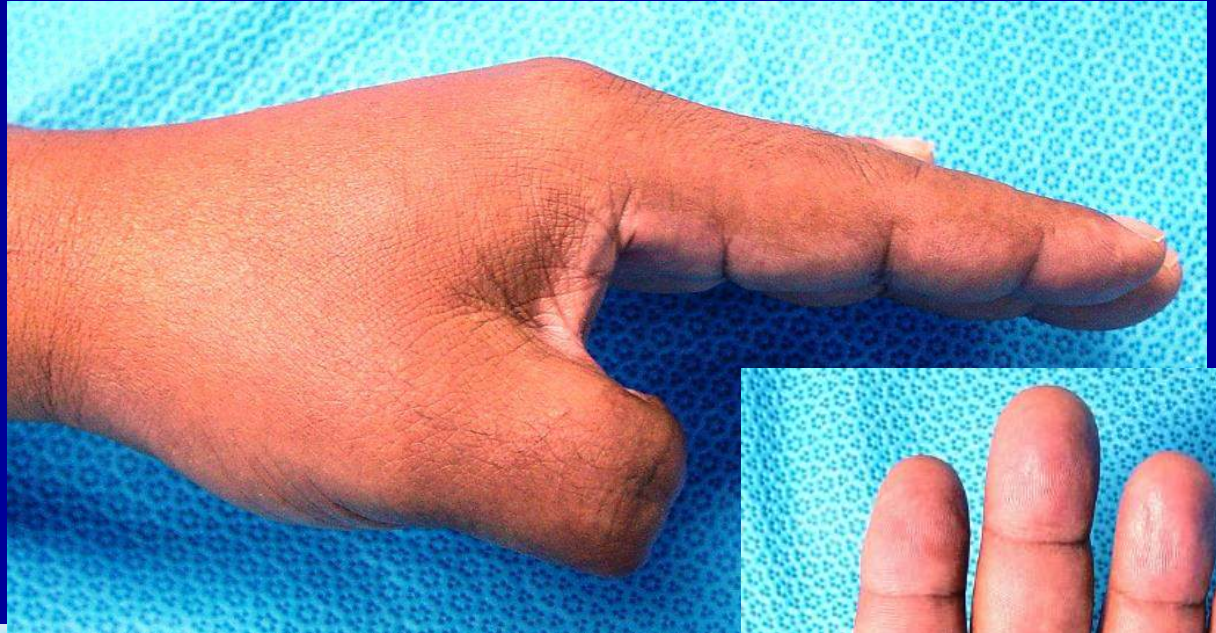




DP – 52M thumb amputation

- s/p industrial injury L thumb





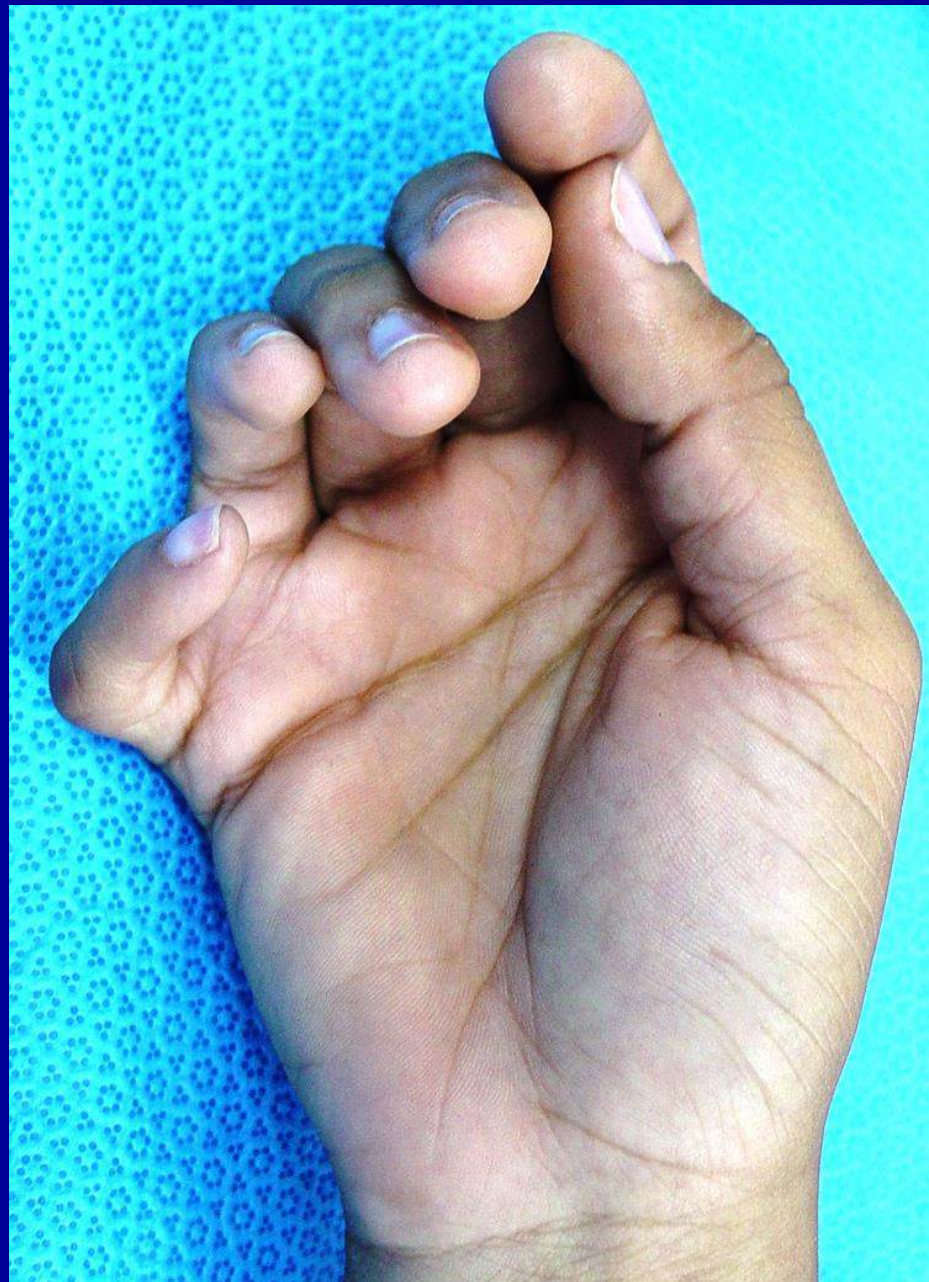
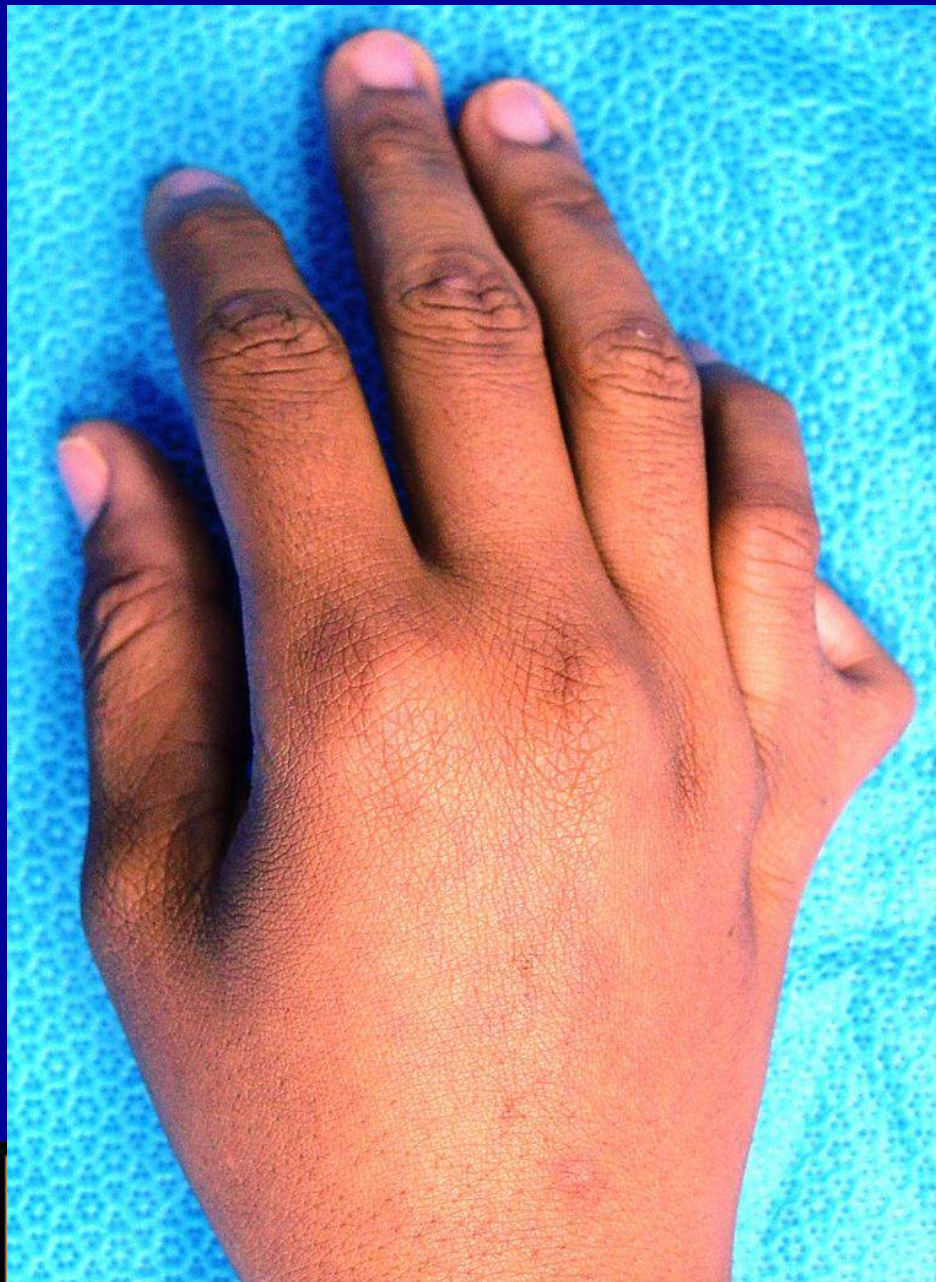
4-flap Z-plasty



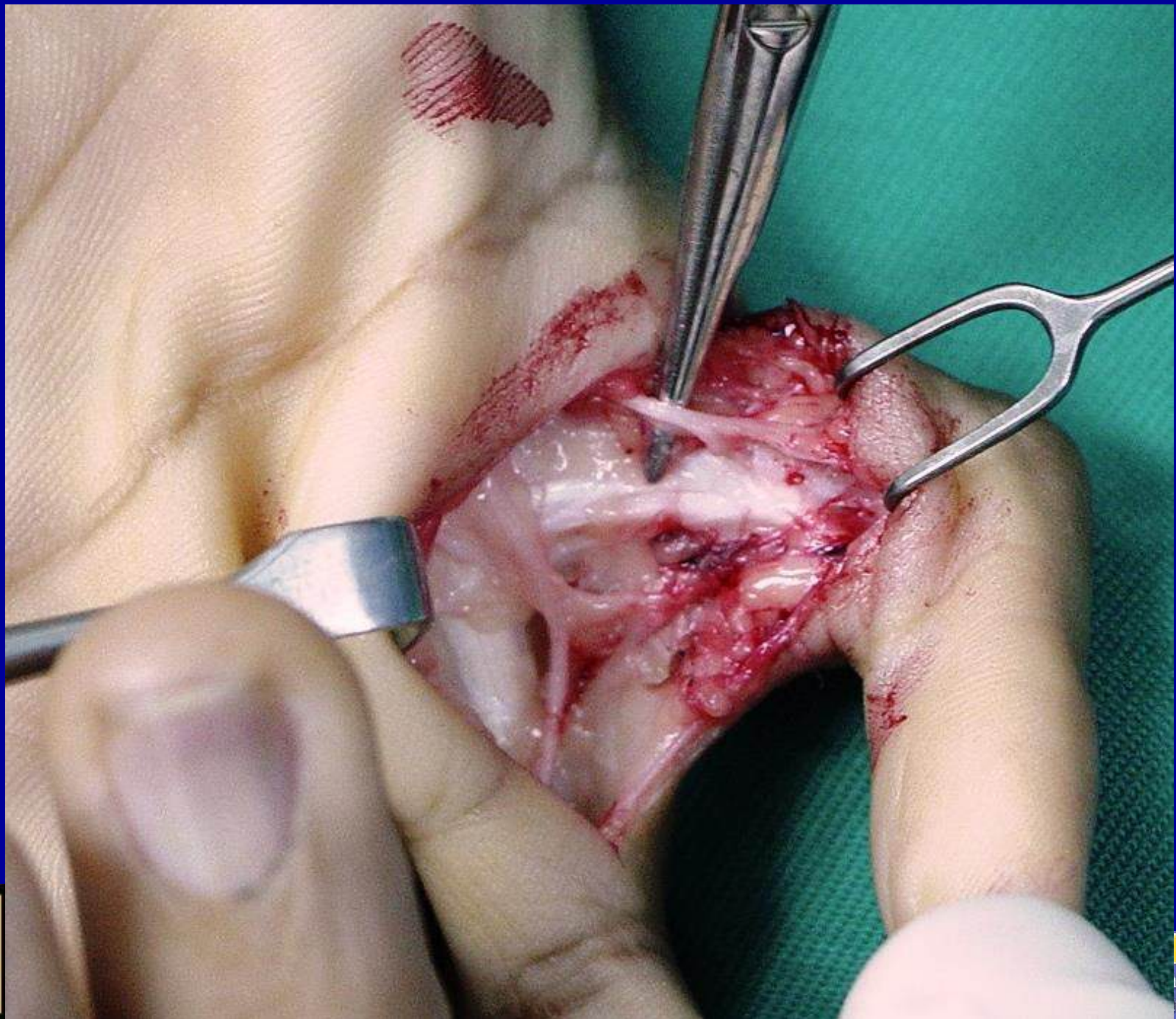
ER – 20F polydactyly

- No active flex/ex of supernumerary digit
- Sensation intact













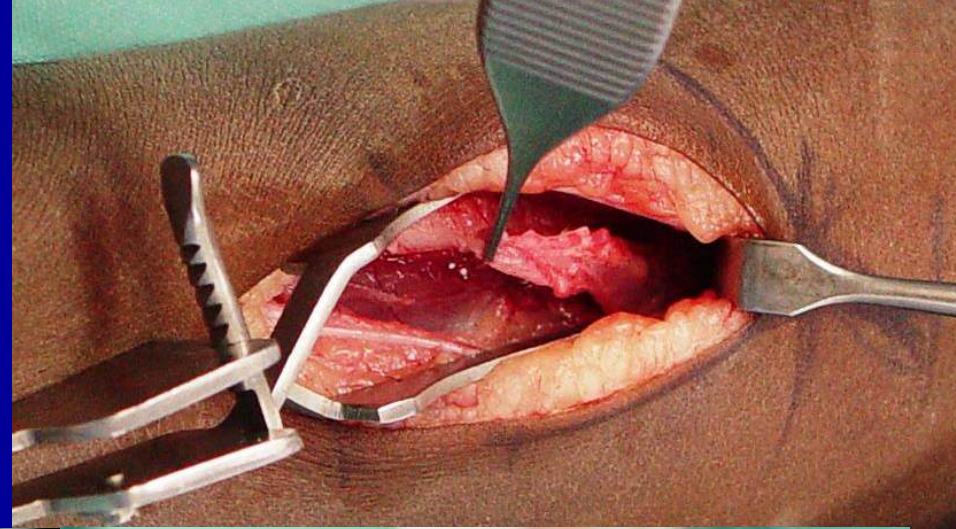
LC – 2M congenital brachial plexopathy

- ↓ wrist/finger extension
- Elbow flexion contracture
- Shoulder ROM
 - FE 100
 - ER 20



Tendon transfers

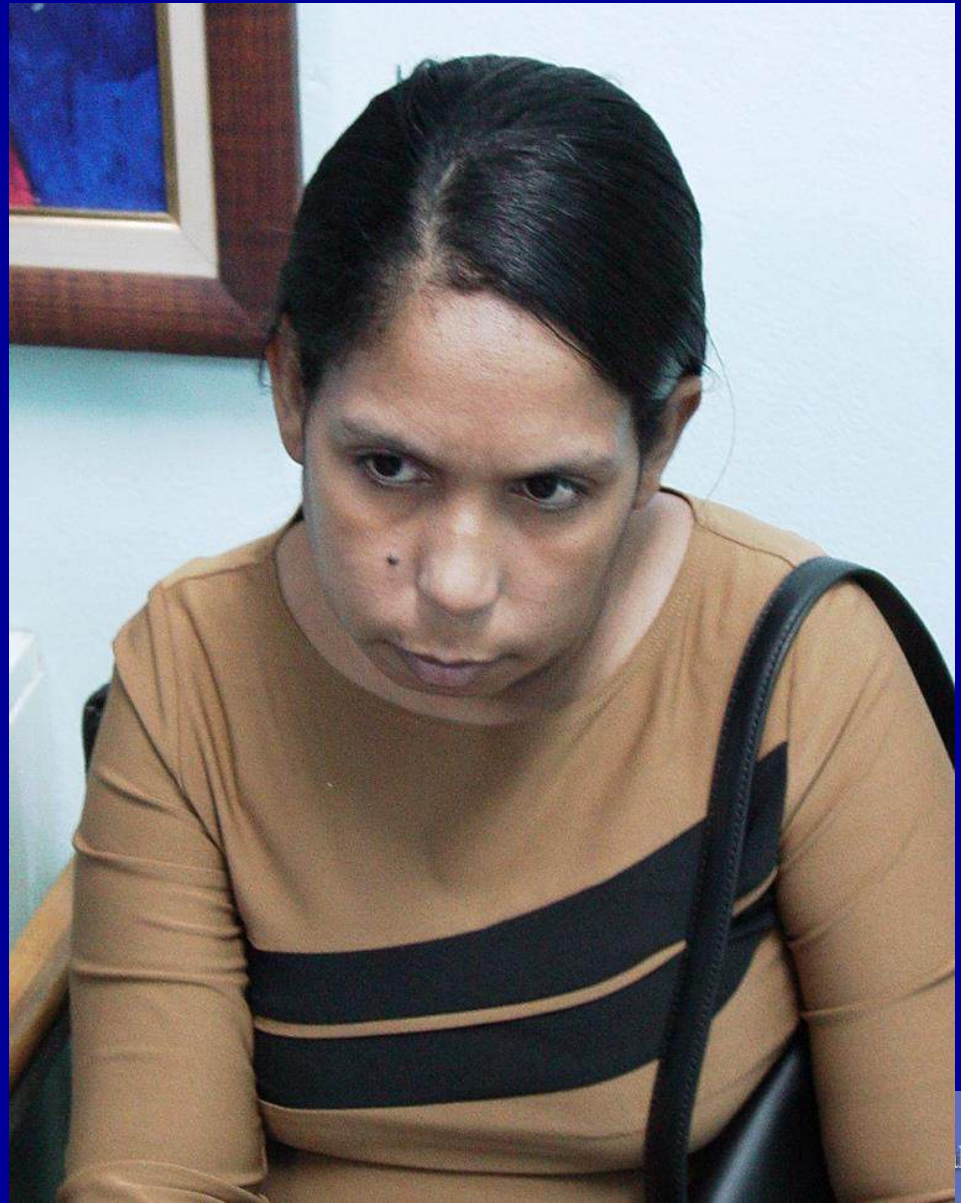
- PT → ECRB/ECRL
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- PL → EPL





NR – 37F b/l hand deformity

- RA, no medical intervention
- B/L hand, wrist, foot, knee involvement
- Difficulty performing ADLs due to hand deformity
- PSH: L wrist fusion 2005





Rx: arthrodesis PIP 2-5, IP thumb





MA – 41F contracture 1st web space

- Burn R upper extremity
- c/o painful nodule 1st web







Rx: 4-flap Z-plasty



JQ – 40M burn R wrist

- Electrical pain with palpation over median nerve
- Median n. sensation intact, no motor
- Previously exploration at wrist



Rx: PQ transposition over median nerve

- Median n in continuity
- Positioned volar to all tendons at wrist



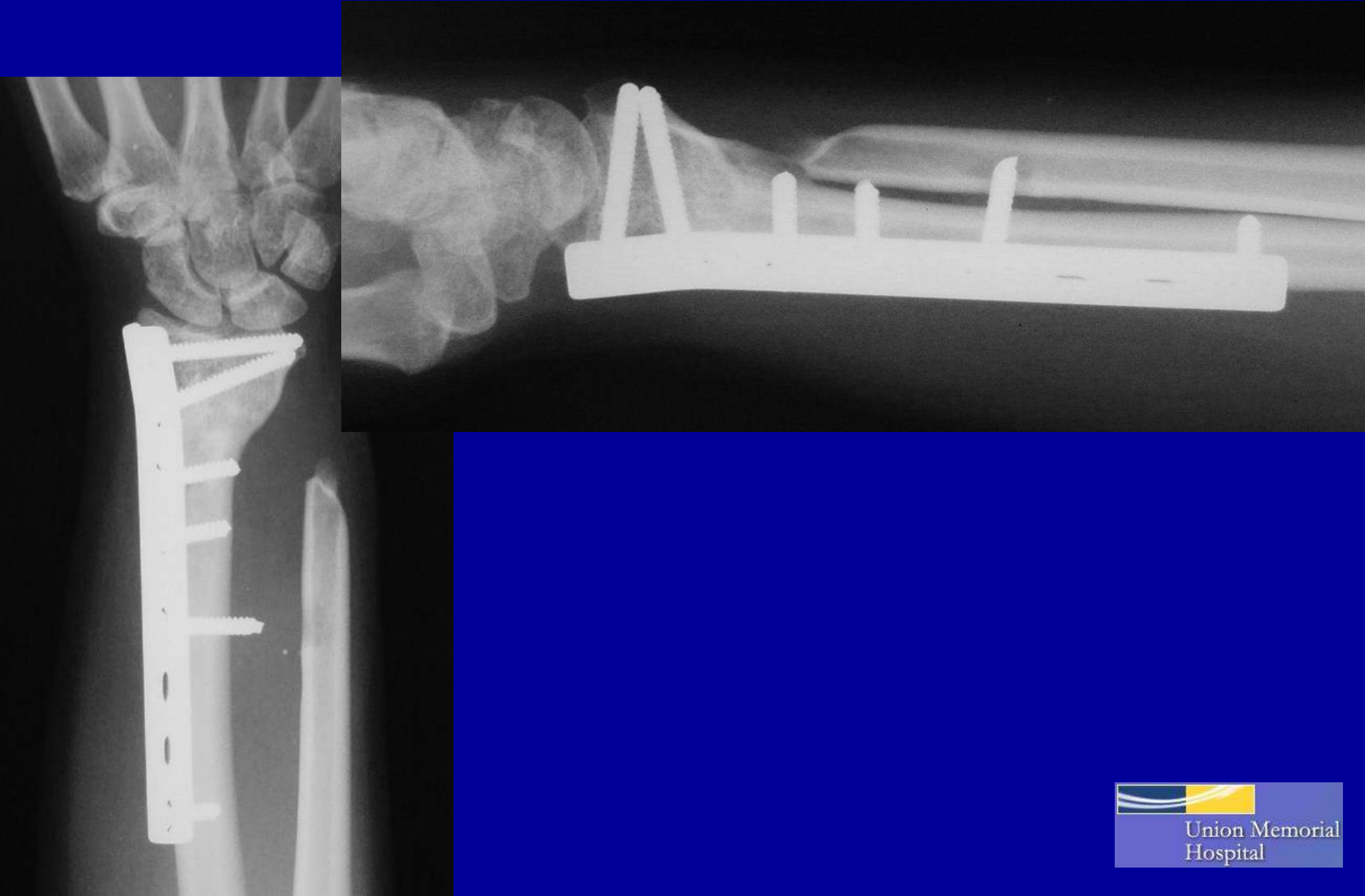
F/U from 2005 D.R. trip

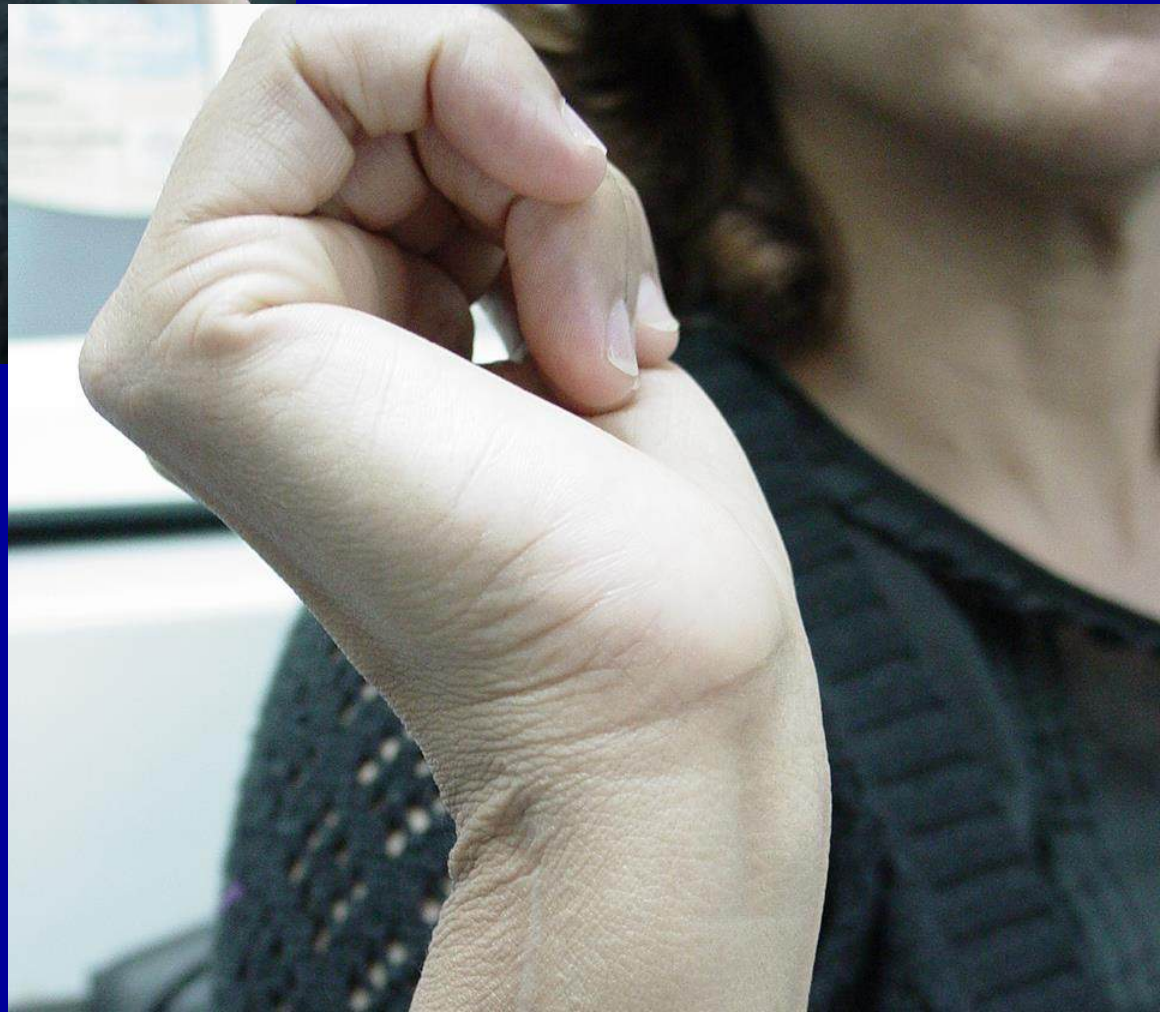


GJ – 47F R DR non-union



1 yr post-op ORIF, BG, Darrach







Non-operative cases

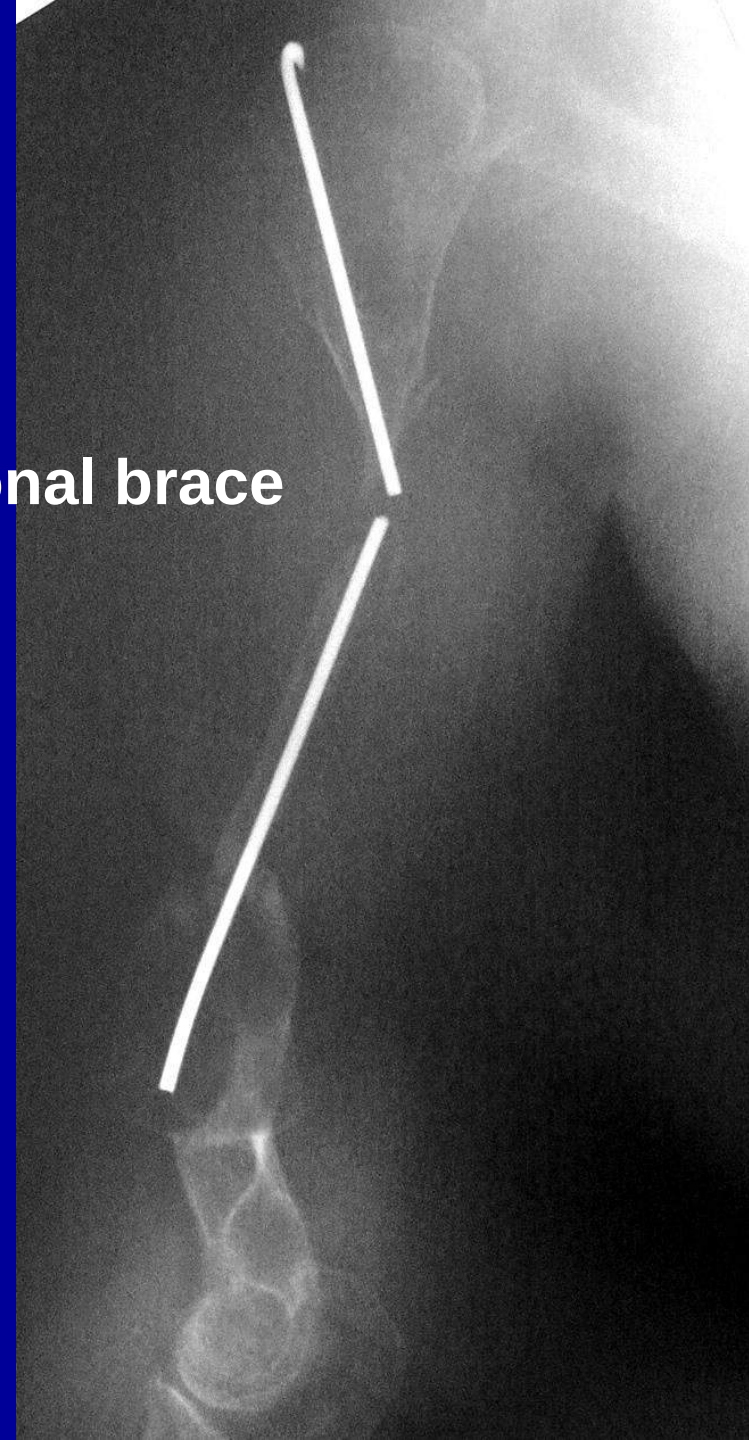
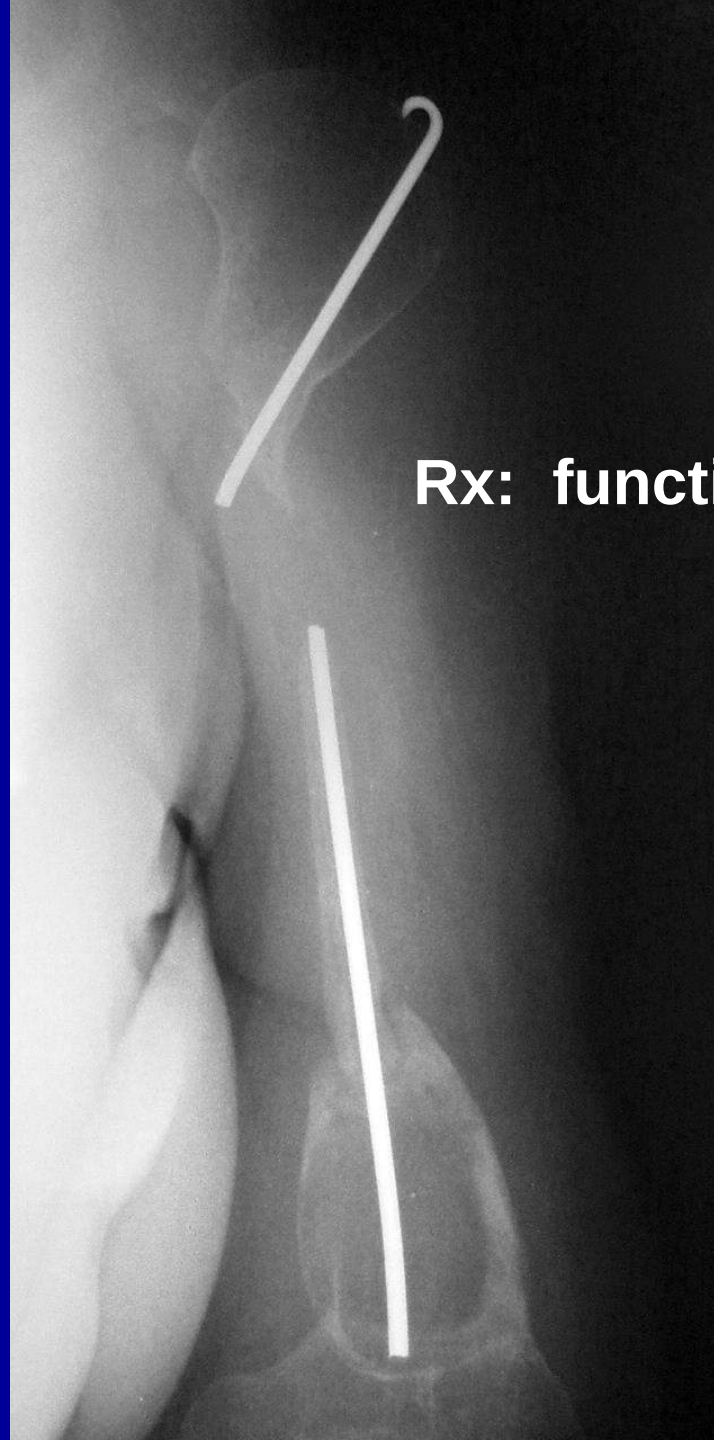


Humerus non-union

- 78F s/p L humerus fx
- PSH:
 - ORIF
 - Free fibula
- NVID



Rx: functional brace



Low ulnar nerve laceration

- 26F s/p ulnar n lac 2 yrs prior to presentation
- No functional deficits





Rx: observation



Gunstock deformity

- 8M s/p supracondylar humerus fracture
- No functional deficit





- Rx: observation



Open tib-fib fx

- 24M 8 mos s/p MVA
- Exposed bone
- NVID

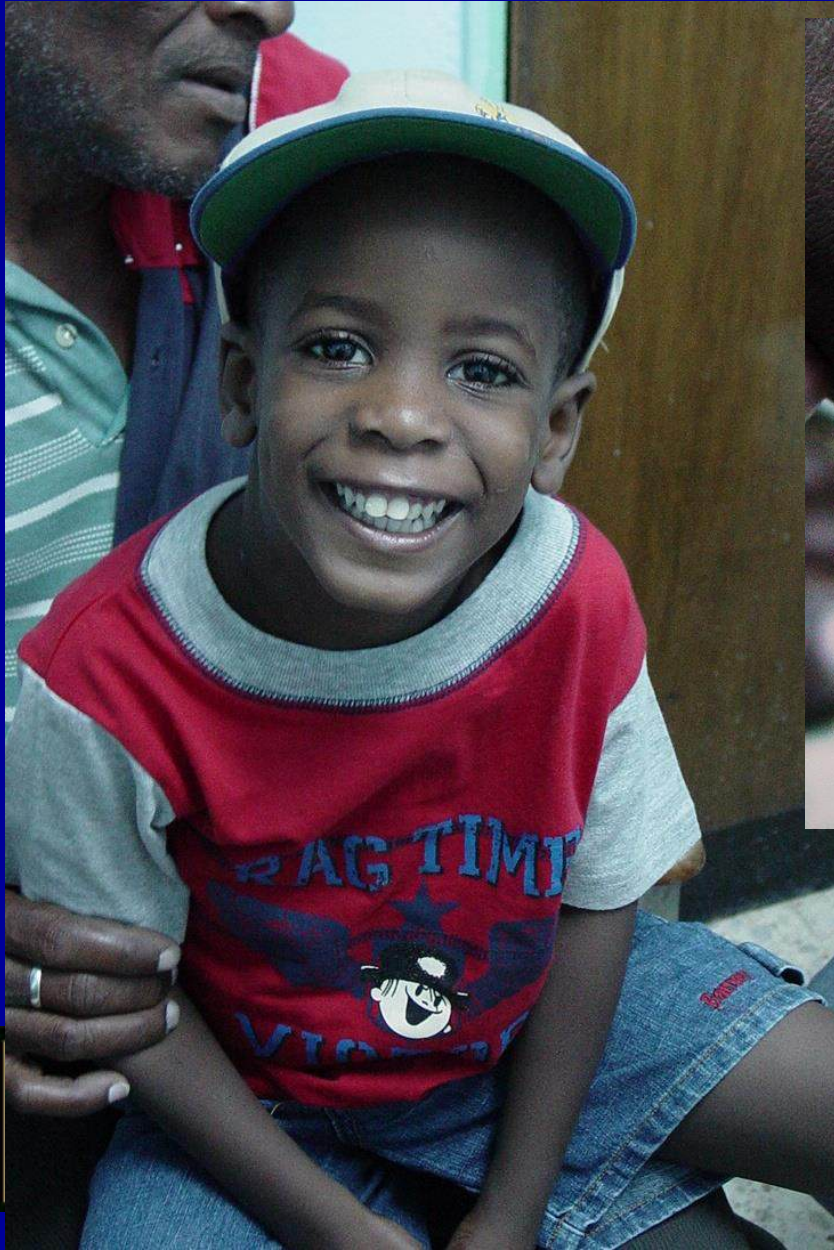




Recommendation:
BKA



5M - lower extremity syndactyly



Rx: observation



Thank you